

Group Class Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00 AM** REHAB REFORMER	7:30 AM PILATES BOOTCAMP			9:00 AM BOOTY BARRE
9:00 AM JUMPBOARD REFORMER				9:00 AM ALL LEVEL REFORMER	
		10:00 AM ALL LEVEL REFORMER			
4:30 PM FLOOR CLASS		4:30 PM PILATES STICK	5:30 PM ALL LEVEL REFORMER		
*Participation in Rehab Reformer classes must be approved by the instructor.					

CLASS REQUIREMENTS

- * Must sign up for all classes: limited space available.
- * All classes must have at least 3 per class or the class is subject to cancellation.
- *Group Packages expire 2 months from date of purchase unless prior arrangement is made.

**FOR CLASS ENROLLMENT OR
MORE INFORMATION
CONTACT:**

Linda Cusanelli

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208.762.8988

NEW CLIENT SPECIALS

PACKAGE 1 - \$175

3 Private Sessions

PACKAGE 2 - \$70 / 4 Reformer Classes

PACKAGE 3 - \$50 / 4 Floor Classes

* All classes must be used in 1 month

* Specials for new clients first purchase only

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